

# Holiday Food Rules FOR YOUR DOG

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‘Tis the season for apple cider, turkey, stuffing and pie!  
Not all human food is safe for your pup. Keep your dog  
safe this holiday season by avoiding these toxic foods.

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## **Garlic & Onions**

Garlic and Onions can be toxic to dogs. Eating these foods can cause gastric upset for your pup and may result in anemia. Garlic and onions are frequently found in sausage – check the label before feeding to your pup.



## **Gravy**

Fatty foods and trimmings are known to cause pancreatitis in dogs. Instead of pouring gravy over your dog's food, try mixing in some warm water.



## **Cooked Bones**

Cooked bones are brittle! Fragments of bone can break off and lodge themselves in a dog's throat or intestines.



## **Chocolate**

Chocolate is extremely poisonous to dogs. Keep your chocolate ornaments near the top of your tree and out of reach.



## **Alcohol**

Alcohol can cause serious damage, from breathing issues to tremors and death.



## **Raisins and Grapes**

Small amounts of these fruits can be deadly. There's a reason fruitcake is the least popular holiday dessert.



## **Nutmeg**

In large amounts, this spice can cause hallucinations, stomach pain and seizures. To be safe, keep the pumpkin and pecan pie away from your dog.

For more helpful information, visit [MyHappyPets.com](http://MyHappyPets.com)