

Don't let your pet suffer in silence.

Knowing the common signs of stress in dogs can help you and your veterinarian identify and treat anxiety problems before they escalate.



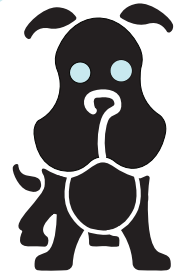
Wide, darting eyes

When you see the eye whites, something's not right.



Shaking

This sign could also mean that your dog is cold or in pain. If it's occurring during a stressful situation, remove him from it. If you don't know why it's happening, call your vet.



Stillness

A dog that suddenly freezes in an uncomfortable situation, is not "being patient." That's his way of saying, "back off."



Humping

Frequent humping of other animals, pillows, toys, furniture, or your legs can be a signal that your dog is stressed.



Yawning

Often mistaken for sleepiness, yawning can also be a signal that a dog is frustrated or becoming anxious.



Obsessive licking

If your dog seems fixated on licking objects, himself, or you, he may be doing it as a desperate attempt to relieve anxiety.

Did you know?

A recent study found that extreme stress can make dogs' muzzles go gray prematurely.



Pacing and panting

Like people, dogs may act restless or distracted when stressed. Panting, also a sign of excitement, exertion, and feeling hot, could be attributed to emotional discomfort.

7 Signs of Stress in Dogs